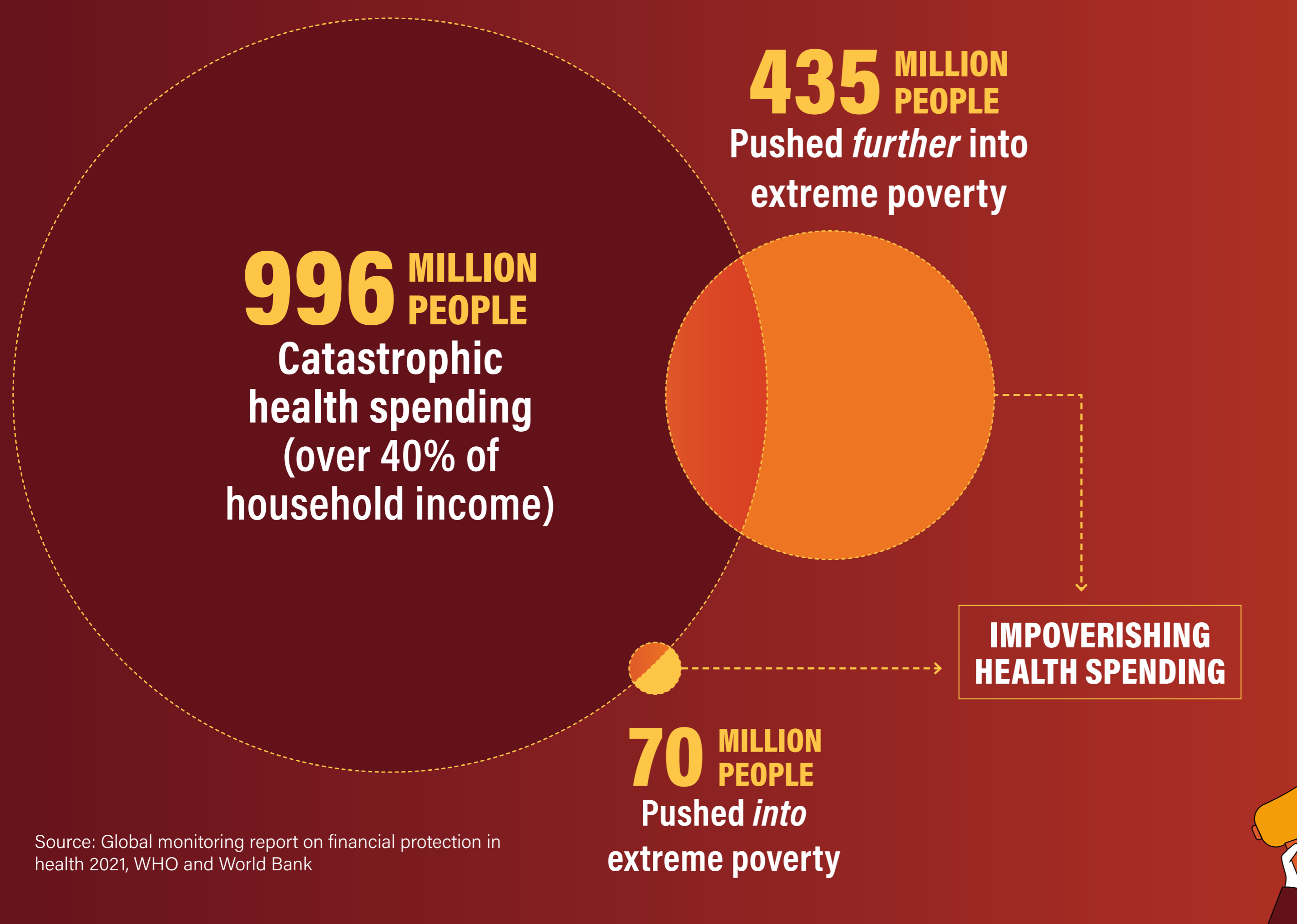
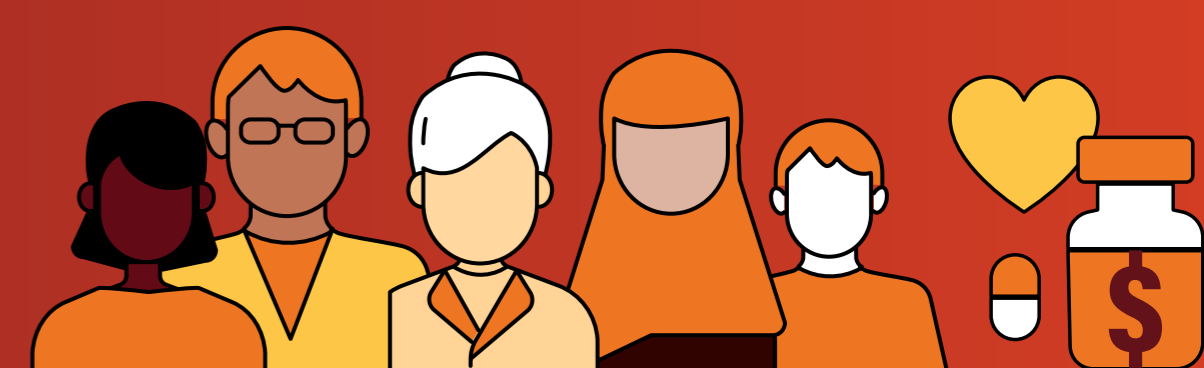


THE ECONOMIC BURDEN

Of out-of-pocket spending on health



In 2017, the total population facing catastrophic or impoverishing health spending was estimated to be between 1.4 billion and 1.9 billion.

Universal Health Coverage (UHC) would remove this burden - but we are way off track to achieve it.

Half the population has no coverage of essential health services.

#ActOnNCDs

THIS BURDEN IS NOT UNIVERSAL...

Out-of-pocket (OOP) spending for NCDs is estimated to be twice as high per visit to a health facility than for infectious diseases

People living with NCDs in low- and middle-income countries are also more at risk of catastrophic health expenditure than those in high-income countries

More than **60% OF PATIENTS** with **CANCER, CARDIOVASCULAR DISEASE**, and in some low- and middle-income countries incurring **CATASTROPHIC OUT-OF-POCKET EXPENDITURE**

For **CHRONIC KIDNEY DISEASE, DIALYSIS** can cost as much as twice the minimum monthly wage of a Nigerian government employee, or **25-68% OF TOTAL SPENDING** in the average Thai household.

In South Asia, catastrophic expenditure on **CARDIOVASCULAR DISEASE TREATMENT** expenses was reported in as many as **90% OF HOUSEHOLDS**

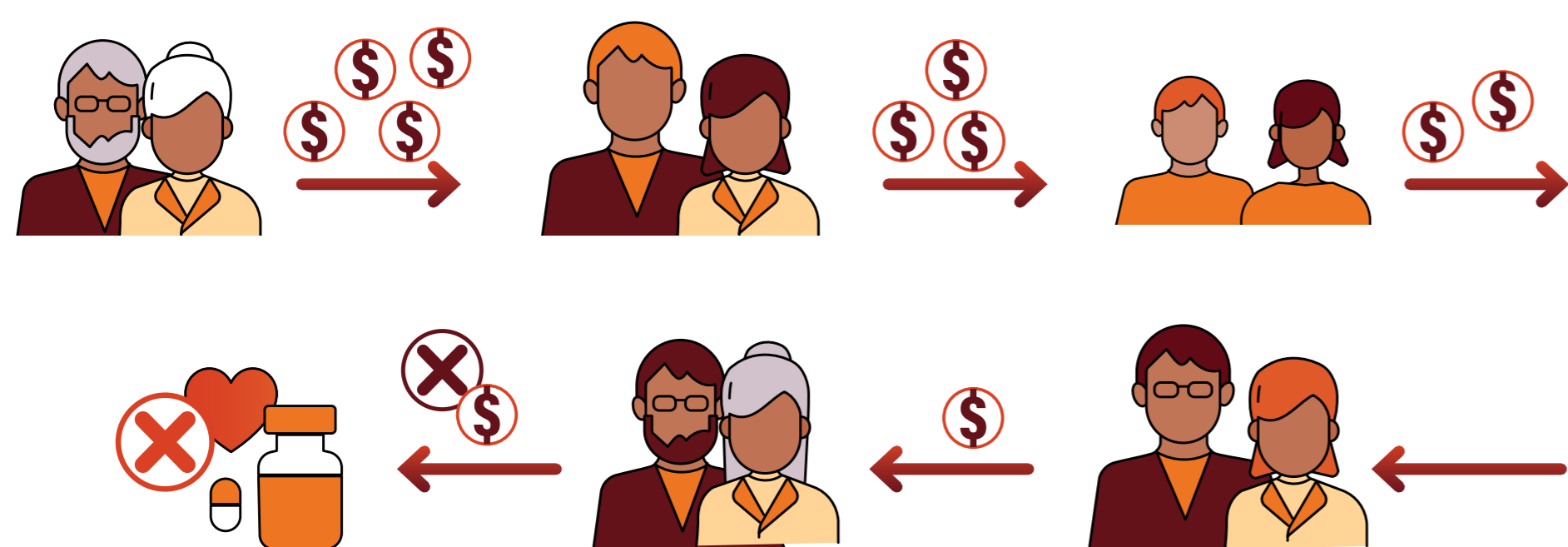
In Kenya, having three or more NCDs can mean an almost **100-FOLD INCREASE IN OOP SPENDING** for those below the age of 65

Between countries, this burden is also unevenly distributed: in high-income countries, 21% of health spending comes from OOP payments, while in low-income countries 44%* is from OOP payments.

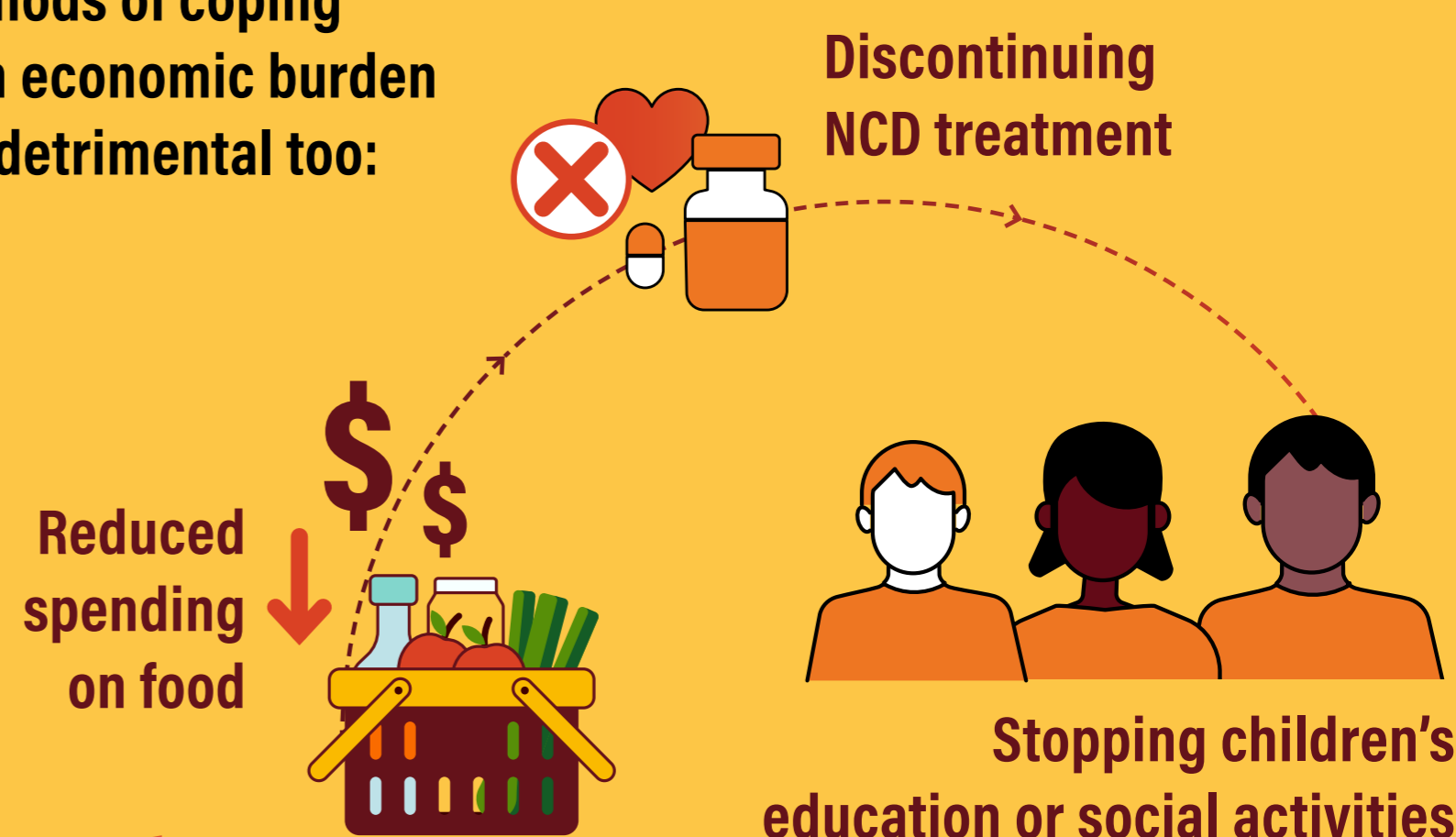


*This number would likely be much higher if many people in low-income countries didn't forego treatment altogether.

Those who do **pay out-of-pocket face negative effects on entire households**, often perpetuating **INTERGENERATIONAL POVERTY** due to debt incurred or lost income or employment.



Methods of coping with economic burden are detrimental too:



JOIN US!

Join us ahead of the UN High-Level Meeting on UHC in calling for financial-risk protection mechanisms to be in place to ensure the cost of using healthcare does not put people at risk of financial hardship.



READ MORE IN OUR POLICY REPORT PAYING THE PRICE
A deep dive into the household economic burden of care experienced by people living with NCDs